

Starts week of June 26, 2017

Adult Lap Swim & Hot Tub

Monday & Wednesday	6:00 - 8:30 am
Tuesday, Thursday, & Friday	6:30 - 8:30 am
Monday - Friday	11:30 am - 1:00 pm
Tuesday & Thursday	5:00 - 6:30 pm
Saturday starting June 18 th	8:00 - 9:30 am

Family Swims

These are designated times for youth and families to enjoy swimming together. We offer a special \$5 pass for non-members which includes one parent and one child. Each additional child is \$2. This offer only applies to family swims.

Monday - Friday	3:00 - 4:30 pm
Monday & Wednesday	7:00 - 8:30 pm
Tuesday & Thursday	6:30 - 8:30 pm

Youth Swims, (6 – 18 yr. olds) **NO LAP LANES AVAILABLE**

Monday - Friday	3:00 - 4:30 pm
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Gymnasium

Adults Monday - Friday	Noon - 1:30 pm Lunchtime Basketball
Rentals/Open Monday - Thursday	8:00 - 9:00 pm inquire/availability
Saturday & Sunday	Available upon request

Fitness Center

Provides a selection of exercise equipment and free weights for use by members 16 years old or older.

Monday & Wednesday	6:00 am - 9:00 pm
Tuesday & Thursday	6:30 am - 9:00 pm
Friday	6:30 am - 6:00 pm
Saturday	8:00 - 10:00 am

Sauna

Located in the men's downstairs locker room area.

Monday & Wednesday	6:00 am - 9:00 pm
Tuesday & Thursday	6:30 am - 9:00 pm
Friday	6:30 am - 6:00 pm
Saturday	8:00 - 10:00 am

The pool area and hot tub will close during thunderstorms and remain closed for thirty minutes after the storm. This may disrupt or cancel classes. Summer scheduling prevents make ups due to inclement weather.