

Recreational Gymnastics

Classes are run on a monthly basis. Memberships are required for children in Kindergarten or older. Children must be registered by the first of each month.

Please fill out registration forms for all classes.

AGL, AAU & USAIGC affiliations. Training using bars, beam, floor, vaulting equipment. Gymnasts will get an aerobic workout as well as learn balance, coordination and strength exercises.

Tiny Tumblers, co-ed toddlers and preschoolers. Parents will need to assist their child.

Tuesday 4:00 - 4:45 pm

or

Thursday 4:00 - 4:45 pm

Fee: \$33/month

Beginner Gymnastics, co-ed, K & up.

Gymnasts will learn strength, flexibility, coordination and basic skills to move up to the next level.

Tuesday 4:00 - 5:00 pm

or

Thursday 4:00 - 5:00 pm

Fee: \$38/month

Tumbling, co-ed, ages 7 and up - for gymnasts, cheerleaders, dancers and more!

Tuesday 5:00 - 6:00 pm

or

Thursday 5:00 - 6:00 pm

Fee: \$38/month

Advanced Class Coed

This class is for those that can do cartwheels and handstands. Gymnasts will learn harder skills and perfect their current ones.

Tuesday 5:00 - 6:00 pm

or

Thursday 5:00 - 6:00 pm

Fee: \$38/month

Competition Team, *Requires invite from Head Coach. Participation in shows, events, fundraisers and competition is encouraged.

Wednesdays 4:00 - 7:00 pm

Fee: \$50/month for three hours a week

\$95/month for six hours a week

* To come try a class for Pre-Team or Team, please contact Fennel Chen at (607) 754-0225 ext. 245 or fchen@bgcwb.org

Homeschool Class,

This class is for homeschooled children of any age.

Thursdays 3:00 - 4:00 pm

Fee: \$38/month

Youth Fall Sports

Fall Soccer League

Coed, 3 to 6

Practice will begin September 8th, 10 am, at Mersereau Park. All games will be held on Saturdays at Mersereau Park. First game will be held on September 15th. Volunteers are needed to coach.

Fee: \$22 & membership required

Boxing

Youth and adults 6 years and up

Practice Monday, Wednesday, & Friday 5:30 - 6:45 pm

Session is ongoing. All skill levels are welcome. Gear is provided except for hand wraps and mouth pieces.

Coach: Steve Yacalis/Rob Garrett

Fee: \$55 (Sept. 10th - Dec. 21st) & membership required

Travel Basketball

Third and fourth graders

Practice starts in mid October. Practice are on Fridays from 5:00 pm until 7:00 pm Games are on Saturdays from 9:00 am until Noon, starting in December.

Fee: \$22 & membership required