

Recreational Gymnastics

Classes are run on a monthly basis. Memberships are required for children in Kindergarten or older. Children must be registered by the first of each month. Please fill out registration forms for all classes.

AGL, AAU & USAIGC affiliations. Full body training using bars, beam, floor and vaulting equipment. Gymnasts will get an aerobic workout as well as learn balance, coordination and strength exercises.

Tiny Tumblers, co-ed toddlers and preschoolers. Parents **will need** to assist their child.

Tuesday 4:00 - 4:45 pm

or

Thursday 4:00 - 4:45 pm

Fee: \$30/month

Beginner Gymnastics, co-ed, K & up.

Membership required

Gymnasts will learn strength, flexibility, coordination and the basic skills to move up to the next level.

Tuesday 4:00- 5:00 pm

or

Thursday 4:00 - 5:00 pm

Fee: \$35/month

Tumbling Class co-ed, ages 7 and up - for gymnasts, cheerleaders, dancers and more.

Tuesday 5:00 - 6:00 pm

or

Thursday 5:00 - 6:00 pm

Fee: \$35/month

Advanced Class Coed

This class is for those that can do cartwheels and handstands. Gymnasts will learn harder skills and perfect their current ones.

Tuesday 5:00 - 6:00 pm

or

Thursday 5:00 - 6:00 pm

Fee: \$35/month

Competition Team *Invite only

Encouraged to participate in shows, fundraisers and a minimum number of competitions each year.

Wednesday 4:00 - 7:00 pm

and/or

Tuesday & Thursday 4:30 - 6:00 pm

Fee: \$45/month three hours a week

\$90/month six hours a week

* To come try a class, please contact Fennel Chen @(607) 754-0225 ext. 245 or fchen@bgcwb.org

Homeschool Class

This class is for homeschooled children of any age.

Thursday 3:00 - 4:00 pm

Fees:\$35/month

Youth Winter/Spring Sports

Youth (4 - 18 years old) Specialized sports fill up quickly. Pay special attention to registration dates; call to inquire. Please note: we will attempt to honor special requests but we cannot guarantee it.

Kiwanis Baseball

T-ball, coed for 4 to 6 year olds.

Practices and games are on Monday nights, 5:30 pm at Mersereau Park. Players start the season using a batting tee and a safety (tee) ball, progressing to coaches pitching underhand to team when they are ready. Practices start April 30th, coaches will notify players prior to first practice. Volunteers are needed to coach.

Registration: February 12th until April 10th

Fee: \$20 & membership required

Spring Soccer League

Coed, 4 to 6 years old

Coed, 7 to 10 years old

Games are held on Saturdays. Practice schedule to be announced. Coaches will notify their players prior to first practice. Shin guards are required. Season runs from beginning of May until June. Volunteers are needed to coach. First practice will be held May 5th at 10 am.

Registration: February 12th until April 22nd

Fee: \$20 & membership required

Youth & Adult Sports

Boxing

Youth and adults; ages 6 and up

Practices are held on Monday, Wednesday & Friday, 5:30 through 6:45 p.m.

Session and registration is ongoing. All skill levels are welcome. Gear is provided except for hand wraps and mouth pieces. We have the only boxing ring in Broome County.

Coach: Steve Yacalis/Rob Garrett

Fee: \$50 & membership required