

Pool Programs

American Red Cross Learn to Swim Program

Students are evaluated on the first day of class and placed in appropriate levels. Keep in mind that correct placement is important to your child and class progression as a whole. We reserve the right to reassign a child to a class that better suits his/her ability or aptitude. We offer the following classes:

Infant & Toddler (with parent or responsible adult)

Parents and children swim and learn together laying the groundwork for future aquatic programs.

Tuesdays & Thursdays	10:00 - 10:30 am
Tuesdays & Thursdays	12:30 - 1:00 pm
Mondays & Wednesdays	5:55 - 6:25 pm
Saturdays	10:10 - 10:40 am

Pre-School Swimming Lessons

Designed for 3-5 year old children who will enter in the water without the assistance of a parent or adult. A 3-5 year old needing adult assistance should enroll in the

Infant/Toddler class.

Tuesdays & Thursdays	10:30 - 11:00 am
Tuesdays & Thursdays	1:00 - 1:30 pm
Mondays & Wednesdays	5:55 - 6:25 pm
Saturdays	10:10 - 10:40 am

Sessions and Fees:

Session I:	Jan. 8 th - Feb. 15 th	6 weeks (Now registering)
Session II:	March 5 th - April 12 th	6 weeks (Registration begins 2/5)
Session III:	April 23 rd - June 4 th	6 weeks (Registration begins 4/9)
Sat. Sessions:	Jan 13 th - Feb 17 th	6 weeks (Now registering)
	March 3 rd - April 14 th	6 weeks (Registration begins 2/5)
	No class March 31st	
	April 28 th - June 9 th	6 weeks (Registration begins 4/9)

No class May 26th

Fees:	\$60 for six week session
	\$30 for Tuesday and Saturday only classes

American Red Cross Youth Lesson Levels:

Beginner Levels I - III

In these levels, students will learn basic water skills, practice to improve aquatic abilities necessary for independent locomotion and stroke development. Students are tested on the first day of class and placed in the appropriate level. All classes emphasize safety while teaching basic water adjustment skills.

Advanced Levels IV - VI

Swimmers who can complete a length of front crawl with rhythmic breathing and elementary backstroke will be placed in these advanced levels. Swimmers will learn and improve breaststroke, side stroke, butterfly, surface dives, flip turns and endurance. Basic water rescue skills will be introduced.

Beginner Levels I - III:

Mondays & Wednesdays	5:05 - 5:50 pm
Saturdays	10:45 - 11:30 am

Advanced Levels IV - VI:

Mondays & Wednesdays	6:30 - 7:15 pm
Saturdays	11:35 am - 12:20 pm

Sessions and Fees:

Session I:	Jan. 8 th - Feb. 15 th	6 weeks (Now registering)
Session II:	March 5 th - April 12 th	6 weeks (Registration begins 2/5)
Session III:	April 23 rd - June 4 th	6 weeks (Registration begins 4/9)
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Fees:	\$60 for six week session
	\$30 for Tuesday and Saturday only classes

No classes May 28th & 29th

American Red Cross Lifeguard Training Course:

Participants must be 15 years old or older by the end of the class and pass the pretest before taking the course. Passing students will receive Lifeguard, CPR/PR and First Aid certifications upon completion. Registration begins now and runs through March 22nd. Call 754-0225 to register. Cost: \$275 includes books, CPR mask and certification fees.

Two separate class sessions.

Session I:

Dates: March 17th - March 21st

Saturday & Sunday: 10:00 am until 6:00 pm

Monday - Wednesday: 5:00 - 9:00 pm

Registration runs from now until March 12th

Session II:

Dates: April 21st - April 25th

Saturday & Sunday: 10:00 am until 6:00 pm

Monday - Wednesday: 5:00 - 9:00 pm

Registration runs from now until April 16th

Class registration forms need to be completed for all participants prior to the first class.