

Monday	Tuesday	Pool Wednesday	Schedule Thursday	Friday	Saturday
Adult Lap Swim 6 a.m. - 8:20 a.m.	Adult Lap Swim 6 a.m. - 8:20 a.m.	Adult Lap Swim 6 a.m. - 8:20 a.m.	Adult Lap Swim 6 a.m. - 8:20 a.m.	Adult Lap Swim 6 a.m. - 8:20 a.m.	
Deep Water Aerobics 8:30 a.m. - 9:15 a.m.	Arthritis Exercise 8:30 a.m. - 9:15 a.m.	Deep Water Aerobics 8:30 a.m. - 9:15 a.m.	Arthritis Exercise 8:30 a.m. - 9:15 a.m.	Deep Water Aerobics 8:30 a.m. - 9:15 a.m.	Infant/Toddler/Preschool Lessons 11:00 a.m. - 11:30 a.m.
Aqua Aerobics 9:15 a.m. - 10 a.m.	Joint Benders 9:15 a.m. - 10 a.m.	Aqua Aerobics 9:15 a.m. - 10 a.m.	Joint Benders 9:15 a.m. - 10 a.m.	Aqua Aerobics 9:15 a.m. - 10 a.m.	Beginner Levels I-III 11:30 a.m. - 12:15 p.m.
Deep Water Aerobics 10:00 a.m. - 10:45 a.m. Aqua Aerobics 10:45 a.m. - 11:30am		Deep Water Aerobics 10:00 a.m. - 10:45 a.m. Aqua Aerobics 10:45 a.m. - 11:30am		Deep Water 10:00 a.m. - 10:45 a.m. Family Swim 10:45- 11:30am	Family/Youth Swim 12:30 p.m. - 3:00 p.m.
Adult Lap Swim 11:30 a.m. - 1:30 p.m.	Adult Lap Swim 11:00 a.m. - 1:00 p.m.	Adult Lap Swim 11:30 a.m. - 1:30 p.m.	Adult Lap Swim 11:00 a.m. - 1:00 p.m.	Adult Lap Swim 11:30 a.m. - 1:30 p.m.	Available for Rental After 3 p.m.
	Infant/Toddler/Preschool Lessons 1:00 p.m. - 1:30 p.m.		Infant/Toddler/Preschool Lessons 1:00 p.m. - 1:30 p.m.		<p>The pool and other parts of our facility are available for a variety of parties and special occasions.</p> <p>For more information call 754-0225.</p> 
Family/Youth Swim 3:00 p.m. - 3:45 p.m.	Family/Youth Swim 3:00 p.m. - 4:00 p.m./	Family/Youth Swim 3:00 p.m. - 5:15 p.m.	Family/Youth Swim 3:00 p.m. - 4:00 p.m.	Family/Youth Swim 3:00 p.m. - 4:00 p.m.	
Adaptive Aquatics Advanced 3:45 p.m. - 4:30 p.m. Beginners 4:30 p.m. - 5:15pm	Synchro Swim Practice 4:00 p.m. - 6:30 p.m.		Synchro Swim Practice 4:00 p.m. - 6:30 p.m.	Synchro. Swim Practice 4:00 p.m.- 7:00 p.m.	
Beginner Levels I-III 5:15 - 6:00pm		Beginner Levels I-III 5:15 - 6:00pm			
Infant/Toddler/Preschool 6:00 p.m. - 6:30 p.m. Adv. Levels IV-VI 6:30 p.m.- 7:15 p.m.		Infant/Toddler/Preschool 6:00 p.m. - 6:30 p.m. Adv. Levels IV-VI 6:30 p.m.- 7:15 p.m.			
Aqua Aerobics 7:15 p.m.- 8:00 p.m.	Aqua Aerobics 6:30 p.m. - 7:15 p.m.	Aqua Aerobics 7:15 p.m.- 8:00 p.m.	Aqua Aerobics 6:30 p.m. - 7:15 p.m.	Family Swim 7:00 p.m. - 8:00 p.m.	
Adult Lap Swim 8:00 p.m. - 9:00 p.m.	Adult Lap Swim 7:30 p.m. - 9:00 p.m.	Adult Lap Swim 8:00 p.m. - 9:00 p.m.	Adult Lap Swim 7:30 p.m. - 9:00 p.m.	Available for Rental	